



## EXTRA!!!

# Special Edition Celebrating Edgewood's New Master Plan

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### NEW MASTER PLAN A TRIUMPH FOR EDGEWOOD AND FRIENDS

By Bill Korbholz

The approval of Edgewood's new Master Plan by the San Mateo County Supervisors on May 20 represents a landmark event in the effort to preserve Edgewood for human, plant, and animal generations to come.

By virtue of its stated primary objective to "protect, preserve, and restore Edgewood's natural resources," the Plan implements management policies consistent with Resolution 56062 adopted 5 years ago by the Supervisors designating Edgewood a Natural Preserve.

In that resolution, the Supervisors reminded us that a Natural Preserve is defined as "a scenic and natural area where outstanding features as well as significant wildlife habitats are preserved in their present state for the enjoyment, education and well-being for the public." The resolution further decrees that "preservation and enhancement of the prime resource should be the most important objective" and that "interpretation and enjoyment should be secondary management objectives."

This new Master Plan serves as a framework for managing Edgewood as a Natural Preserve, while "providing for appropriate recreational and

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### EDGEWOOD'S NEW MASTER PLAN

By Bill Korbholz

The new Master Plan is divided into the following major sections:

- Background (purpose and summary content of the Master Plan, description of the development process, and overview of Edgewood's location, description, and history)
- Management Policies (including Goals and Objectives)
- Appendices and Attachments (site resources, legal and institutional documents, history, issues analysis)
- Bibliography

The Management Policies are summarized below

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## RANGER ROUNDUP

By Lynne Fritz

I'd like to thank all the volunteers who supplement our park staff to educate park visitors, maintain trails, restore/maintain native habitats, and all who commit time to the preservation of Edgewood Park and Natural Preserve.

Thanks to Jan Simpson and all the docents who gave approximately 240 hours for Edgewood visitors this season. Your walks educate hundreds of new visitors every year. What a great introduction to the Preserve!

Thanks to Elly Hess and Ken Himes and all your weeding helpers who gave approximately 300 hours March through May. Even though it seems an uphill battle, your contributions are significant; you are maintaining habitats!

Thanks to all who patrol our trails on foot or horse. You provided 208 hours of patrol and visitor contact from March through May. You reach and educate many, many people park staff will never see.

Thanks to Bill Korbholz, Carolyn Curtis, Peter Ingram and all who assisted in the adoption of the Edgewood Master Plan. Your commitment and perseverance are commendable. I know you devoted much time and emotional energy.

Thanks to Girl Scout Troop 3080 of San Carlos who cleared debris on the Edgewood Trail with Ranger Grimsby on Sat. May 31. And thanks to Christine Romano and Bruce Puckett for their efforts in cutting back brush on the trails.

Park Staff continue to clear and repair trails. If you see problems when you are walking in the Preserve, please advise the park staff at 368-6283. You are our eyes and ears in the Park.

Ranger Grimsby is looking for information and photos about the grasslands for a display. Please call at the above number if you can help.

## NITA SPANGLER SAYS GOOD-BYE

By Kathy Korbholz

Nita Spangler, a long time friend of Edgewood Natural Preserve, has retired from the San Mateo County Parks and Recreation Commission after 14 years of service.

The Peninsula Section of the San Jose Mercury News dated April 27<sup>th</sup> stated, "She played a pivotal role in such projects as the designation of the Portola Discovery site in Pacifica as a national landmark, the restoration of the Woodside Store living museum, and the creation of the Edgewood Natural Preserve in Redwood City." Former colleague Linda Dyson marveled at how Spangler always took pains to include the public in the decision making process.



As an activist for more than fifty years, Spangler, with her trademark stack of papers under her arm, became an institution at the County

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aesthetic opportunities.”

In celebrating this milestone achievement, I would like to thank publicly all of the many people who contributed to this outcome. There are too many to name individually, but my sincere gratitude goes out to the following:

- everyone who wrote cards and letters to County officials, attended workshops, hearings, or meetings, or spoke in support of this Plan;
- Parks and Recreation Commissioners, who provided clear and consistent guidance and leadership in shaping the Plan;
- Parks and Recreation Division staff, who worked tirelessly to manage the process of producing the Plan;
- California Native Plant Society (Santa Clara Valley chapter), for their wealth of scientific material on the natural resources at Edgewood;
- Midpeninsula Regional Open Space District, who supported the principles of the Plan from the outset;
- County Supervisors, who voted to adopt the Plan.

I would be remiss if I failed to give singular recognition and appreciation to Carolyn Curtis. It is rare indeed to encounter anyone with such energy, dedication, and clarity of principles. As a highly respected and credible figure, Carolyn was extremely effective as a spokesperson for both the Friends of Edgewood and CNPS.

The new Master Plan describes management policies (see accompanying article) which will enable Parks and Recreation staff to balance the primary objective of resource protection with the secondary objectives of promoting environmental awareness, providing for public enjoyment, maintaining and managing site improvements, and providing adequate access.

It also promotes compliance with the Federal Endangered Species Act (ESA) as well as the California Endangered Species Act (CESA) and

Environmental Quality Act (CEQA).

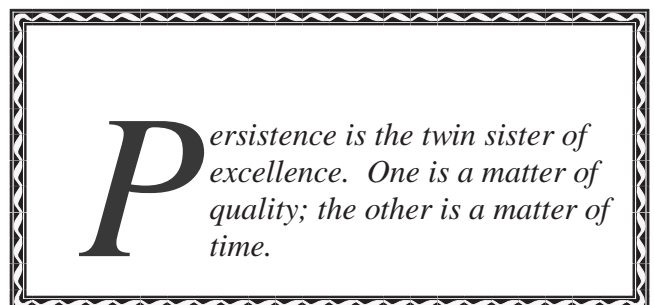
In summary, this Plan is a triumph for Edgewood as a Natural Preserve and for all of us who appreciate it.

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Government Center and Redwood City Hall. She has “spoken out against demolition of the city’s old buildings, lambasted officials for a costly downtown revitalization program that she said was inauthentic, and urged the city to build a new city hall that would do Redwood City historic justice.” More recently she chided County Supervisors for not considering cuts in their own staff before allowing the deferred maintenance in county parks to grow to \$20 million.

Nita does not just lobby for her favorite causes, she gets actively involved. She is credited as personally overseeing much of the refurbishment of the Woodside Store. She was one of the original seven who helped jump start the Edgewood master plan process by helping write a first draft. Before the final Commissioner’s hearing on the master plan - when there was controversy over trails and benches - Nita walked the Preserve to get a first hand view. The picture on page 2 was taken that day.

The Friends of Edgewood will miss Nita’s words of encouragement for volunteer efforts, her steadfast support of open space, and her understanding of the need for preserves such as Edgewood to protect rare and fragile habitats. Expect, though, to see her lobby for those causes she holds dear and to walk the trails of the 23 parks and facilities she helped oversee for 14 years. Thanks Nita Spangler for a job well done!



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(the Goals and Objectives are quoted verbatim).

## A. Goals and Objectives

### 1. Protect Natural Resources

Protect, preserve, and restore Edgewood's natural resources. This is the primary objective.

### 2. Promote Environmental Awareness

Promote environmental awareness and educational opportunities to ensure responsible stewardship of Edgewood's rare, endangered, and fragile natural resources.

### 3. Provide for Public Enjoyment

Ensure public enjoyment of Edgewood through low-intensity recreational uses that minimize the need for new construction.

### 4. Maintain and Manage Site Improvements

Maintain and manage site improvements at Edgewood, guaranteeing the existence and maintenance of authorized trails.

### 5. Provide Adequate Access

Provide access to Edgewood that meets visitor and public service provider needs. Public service providers include emergency response, utility, and park maintenance personnel.

## B. Definitions

### 6. Low-Intensity Recreation Uses

...passive recreation uses that will not create direct or cumulative adverse environmental impact...

### 7. High-Intensity Recreation Uses

...active recreation uses which may have a direct or cumulative adverse environmental impact...

### 8. Sensitive Habitats

...contain rare, unique, or biologically valuable species...

### 9. Authorized Trail

...designated and maintained by Parks & Recreation...

### 10. Viewpoint

...location along authorized trail with scenic views...

## C. Designations

### 11. Sensitive Habitats

...[described in map in Master Plan]...

### 12. Authorized Trails

...Clarkia, Edgewood, Ridgeview Loop, Serpentine Loop, Sylvan, Inspiration Heights, Franciscan, and Trail 1B...

### 13. Viewpoints

...4 locations...

## D. Permitted Uses

### 14. Permitted Uses

a. Low-intensity recreation uses...

b. Low-intensity education, nature observation, research, and other interpretive activities.

c. Special event community sponsored runs or walks, subject to permit...

d. Restoration of damaged habitat, subject to permit...

e. Maintenance of existing authorized trails, buildings and structures.

f. Placement of signs, protective barriers, and other minimal service structures/facilities...

g. Construction of certain facilities described in policies 37, 38, 42...

h. Other uses or development as approved by Parks and Recreation Commission...

### 15. Restricted Bicycle Use

o. Continue to prohibit the use of bicycles...

### 16. Expressly Prohibited Uses

a. High-intensity recreation uses

b. Livestock grazing

c. Dog-walking, except for guide dogs on leash

d. After-hours use.

## E. Natural Resource Protection

### 17. Compile a Comprehensive Resource Inventory

### 18. Evaluate and Select a Preferred Resource Management Strategy

### 19. Restrict Wildlife Release

...subject to permit approval

### 20. Prohibit Native Plant Collection

...subject to permit approval

### 21. Enforce Federal, State, and Local Resource Protection Laws

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## EDGEWOOD'S FIRST HOMESTEADER

### Adapted From Research by Nita Spangler

John Isaac, the first "modern" resident of Edgewood Natural Preserve, was a native of England who emigrated to San Mateo County by way of Salt Lake City and San Bernadino in southern California. He was employed in San Francisco as an examiner for the California Horticultural Commission.

A *Star* newspaper article of the day indicates Isaac was instrumental in the large scale propagation of a parasite to combat the codlin moth worms infesting the State's apple crop. Isaac explained that the "wasp-like creature with the deadly rapier" was in cold storage apartments in the pupae stage until the state could collect enough apple worms on which to breed the parasites.



In 1891 Isaac, a 49 year old bachelor, bought the undeveloped land south of Whipple's Mill Road below the summit and prepared to build a home for his bride. As mentioned in the last issue of the *Edgewood Explorer*, he built a two story mansion on the site of the Old Stage Day Camp, out of salvaged material from the Monterey County Building at the California Midwinter

International Exposition held in Golden Gate Park during 1894.

His love was Edith Penman, a Plumas County native who had been born in a log cabin. The two of them improved the property with accessory buildings and landscaping. Isaac also developed a water supply from a spring which later supplied several neighbors.

When the Isaacs moved into their country home, John commuted to work in San Francisco by train. Edith drove him to the station in their buggy each morning and returned in the late afternoon along the narrow dirt road to drive him home. It was three miles each way. During the rainy season, they found it necessary to move to a boarding house in San Francisco. It was there that their son, John Robert, was born on Christmas day in 1898.

Later, in writing an autobiography for his family, he used a well-remembered expression posted on a sign at Kearny and Clay Streets in San Francisco in the muddy days of the Gold Rush. Winter travel on Whipple's Mill Road, Isaac quoted, was "...impassable. Not even jackassable!"

## WILDFLOWER WRAP-UP

### By Jan Simpson

The 1997 Spring Wildflower Docent Led Walks at Edgewood Park and Natural Preserve are over. Forty seven of the fifty two docents scheduled to lead walks this year. Approximately nine hundred people, mostly from the bay area took the scheduled walks and learned about the diverse plant life and saw the rather modest but still incredibly beautiful spring wildflowers. A couple from Winnetka Illinois and another from Brewer Maine enjoyed our early spring.

Hats off to the docents for being so dependable, and volunteering eagerly and readily! Thanks too to the docents who volunteered unexpectedly for the weekend walks after the Mercury news ran an article about Edgewood's spring beauty.

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22. Support Volunteer Resource Protection Programs
23. Monitor and Verify Effectiveness of Resource Management Activities

#### **F. Operations and Maintenance**

24. Keep Authorized Trails Open Year-Round
25. Repair and Maintain Authorized Trails
26. Close and Restore Unauthorized Trails
27. Rigorously Administer County Park Regulations
28. Maximize Resource Protection Operations
29. Reduce Maintenance and Construction Costs
30. Support Volunteer Maintenance Programs
31. Monitor the Effectiveness of Operations and Maintenance Efforts

#### **G. Natural Resource Protection**

32. Promote Use of Off-site Parking Areas
33. Provide Parking for Buses
34. Keep Sylvan Way Access Open
35. Provide Bicycle Racks
36. Provide Access and Amenities for Disabled Visitors
37. Investigate Feasibility of New Staging Area
38. Provide Trailside Benches
  - ...maintain 2 existing...
  - ...defer to Parks and Recreation Commission to decide on 2 additional...
39. Designate Service Access Routes

#### **H. Interpretive Activities**

40. Support Docent Programs
41. Promote Interpretive Activities
42. Investigate Feasibility of Small-Scaled Interpretive Center

#### **I. Coordination Activities**

43. Cooperate and Coordinate for Efficient Services
44. Support and Participate in Development of Regional Trail Links

#### **J. Plan Monitoring and Amendment**

45. Evaluate Edgewood Master Plan

For an official copy of the Master Plan, contact the Parks and Recreation Division at 363-4020.

## **AVOIDING LYME DISEASE**

**By Kathy Korbholz**

Lyme disease is a bacterial infection transmitted by the bite of a deer tick. Deer ticks are found on all types of vegetation and animals. They are active in the spring and fall, and present throughout the summer. They are very small (about 3/32 inch in diameter), orange-brown in color, and have a black spot near their head.

### **Symptoms**

In about 50% of the cases a characteristic rash or lesion is seen. It begins a few days to a few weeks after the bite of an infected tick. The rash generally looks like an expanding red ring, often described as a bull's-eye with alternating light and dark rings. However, it can vary from reddish blotchy appearance to red throughout. It can be confused with poison oak, spider or insect bite, or ringworm. At about the same time that the rash develops, flu-like symptoms may appear with headache, sore throat, stiff neck, fever, muscle aches, fatigue and general malaise. Some people develop the flu-like illness without getting a rash.

### **Treatment**

Remove attached tick at once with fine-jaw tweezers by grasping its head as close to skin as possible and gently pulling straight out. Be careful not to squeeze tick's body as this may cause it to inject fluid into you. Wash the bite area and apply antiseptic.

Seek prompt medical attention if any of the symptoms appear. If possible document the presence of the rash by taking a picture because it may disappear before a physician can see it. If detected early, Lyme disease is usually treatable with antibiotics.

Chope Hospital's Public Health Laboratory in San Mateo will test a tick to determine if it is carrying Lyme disease. The tick must be intact and contain some amount of body fluid for

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REMEMBERING JIM TRUMBULL

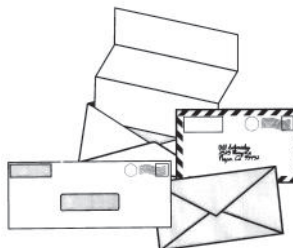
By Jan Simpson



Jim Trumbull was a docent for the 1996-97 Spring Wildflower walks at Edgewood Park and Natural Preserve. Following his interest in nature, Jim was also a docent for the Filoli Nature Program, President of the Coyote Point Museum Council, and Chairman of the Bay Area Ridge Trail Adopt-A Highway.

Jim added enthusiasm, caring and knowledge to the walks that he and Marjorie Fletcher led together. His fellow docents remember his spirited friendliness, warmth, kindness, and helpfulness. Jim Trumbull passed away after a brief illness May 21. We will miss him.

WE GET LETTERS



April 22, 1997

Dear Bill:

I want to take this opportunity to express my sincere appreciation for the wonderful

promotional brochure on the flowers of Edgewood. This publication "Common Native Wildflowers of Edgewood" is a class act. We appreciate your diligence on raising the consciousness of our park patrons regarding the wildflowers of the Edgewood Preserve.

Please extend to Sonja Wilcomer, Kathy Korbholz, Ken Himes and Toni Corelli our thoughts of gratitude.

Respectfully,

Patrick H. Sanchez, Director  
Parks and Recreation

MEMBERSHIP DUES REMINDER

New or continuing members of the Friends of Edgewood Natural Preserve are asked to pay membership dues annually to offset the expenses associated with preserving Edgewood. If you would like to join the Friends, continue your membership, or simply make a contribution, please clip and complete this section. Mail it to the return address on the back of this panel with your check payable to **Friends of Edgewood Natural Preserve**. In return, you will receive four more issues of the Edgewood Explorer and the full-color brochure *Common Native Wildflowers of Edgewood*.

- \$15 Basic Membership (includes newsletter)
- \$25 Family Membership (newsletter)
- \$7 Student/Retired Membership (newsletter)
- \$50 Supporting Membership (newsletter, *Edgewood Checklist of Plants*, and Edgewood photo greeting cards (boxed set))
- \$100 Benefactor Membership (newsletter, *Checklist*, greeting cards, and 28-minute video *Saving Edgewood Park*)
- \$250 Patron Membership (newsletter, *Edgewood Checklist of Plants*, greeting cards, video, and 16x20 photo-poster)
- I am enclosing a gift of \_\_\_\_\_.
- Please send \_\_\_\_\_ copies of the 28-minute video *Saving Edgewood Park* at \$15 each.
- Please send \_\_\_\_\_ copies of the *Edgewood Checklist of Plants* at \$3 each.

- Particular interests:
- Public relations
  - Docent
  - Exotics control
  - Newsletter
  - Trail patrol
  - Revegetation
  - Community outreach

\_\_\_\_\_  
Name

\_\_\_\_\_  
Address

\_\_\_\_\_  
City State Zip

\_\_\_\_\_  
Home Telephone Work Telephone



## UPCOMING EVENTS

o *Sunday, July 20, A SUMMER WALK IN EDGEWOOD.* Led by Jutta Hempel of CNPS, this walk will feature plant fruits and their means of dispersal. Meet at Day Camp at 10:00 a.m.

o *Saturday, September 27, SAN MATEO COUNTY PARKS VOLUNTEER RECOGNITION DAY.* Active volunteers should save the day and look for an invitation in the mail.

o *Beginning in October, DOCENT TRAINING FOR SPRING WILDFLOWER WALKS.* Classes are sponsored by the California Native Plant Society. To find out more about the schedule and content, call Jan Simpson.

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testing. There is a nominal fee for this service.

### Precautions

When out of doors several precautions can minimize your chances of being bitten.

- Tuck your pant legs into your socks and your shirt into your pants.
- Wear light-colored clothing. Dark ticks will stand out against a light background.
- Inspect clothes often for ticks. Have a companion inspect your back.
- Apply repellents such as Deep Woods OFF!®. Applying directly to clothing appears to be most effective.
- When you get in from the field shower and inspect your body thoroughly.
- When hiking stay in the middle of trails.

The Edgewood Explorer is published four times yearly by the Friends of Edgewood Natural Preserve, a not-for-profit organization dedicated to keeping Edgewood Park and Natural Preserve a place for all to enjoy the natural beauty and habitat. The newsletter is produced by Kathy Korbholz with assistance from Laverne Rabinowitz and contributions from many Friends.

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## FIRST CLASS